

# BUILD-A-BAG

Shopping List

## Personal & Home Care

- Paper Towels (2 single rolls)
- Toilet Paper (individual or 4 pack)
- Toothbrushes (2-4 individually wrapped)
- Toothpaste (2 tubes)
- Body Wash or Bar Soap
- Shampoo and Conditioner
- Lotion
- Deodorant
- Razors and Shaving Cream
- Laundry Detergent
- Dish Soap

# BUILD-A-BAG

for the Salvation Army

## Will You Help Make a Difference?

- Use this list as a guide to assemble one (or more!) bags for the Salvation Army's food pantry (The Blessing Place) by Sunday, Sept. 7.
- Return bags under the porte-cochere (entrance to the fellowship hall) on Sunday mornings: Aug. 24, Aug. 31, and Sept. 7. (If needed, you can also return bags to the church office on weekdays from 9:00 a.m. to 4:00 p.m.)

## Helpful Tips

- Ensure all donations are sealed and in their original packaging.
- Please choose neutral scents when possible.
- Be sure donations are not past their expiration dates.

## A Note from Salvation Army:

Our shift to a client choice shopping model (The Blessing Place) has been a tremendous success. We have a growing senior adult population and families with children, and we continue to serve individuals and families that are unhoused. We are able to offer a greater variety to accommodate different dietary needs, preferences, and cultural backgrounds.

One single mother came to The Blessing Place during a difficult season. She was struggling to keep food on the table and relieved to find a dignified way to shop for her family's specific needs:

**"I didn't have to take food we wouldn't eat. I could choose what my kids liked and what I knew how to cook. It felt like shopping at a real store, not just receiving charity."**

# BUILD-A-BAG

Shopping List

## Breakfast & Baking

- Bisquick or Pancake Mix
- Syrup
- Shelf-Stable Milk (canned, boxed, or powdered)
- Oatmeal or Grits
- Cereal or Granola
- Juice Boxes
- Fruit Cups or Applesauce
- Chocolate Chips
- Baking Soda
- Cinnamon
- Vegetable Oil

# BUILD-A-BAG

Shopping List

## Family Mealtime

- Box of Pasta
- Pasta Sauce (plastic jar)
- Rice or Instant Potatoes
- Canned Beans, Lentils, or Vegetables
- Canned Meat
- Boxed Meal Helpers or Macaroni and Cheese
- Hearty Soup or Can of Pasta
- Peanut Butter and Jelly
- Tuna or Chicken Salad Kits
- Snack Bars, Crackers, or Fruit Snacks